

Urgent help when you need it

Need advice, to check symptoms or find an NHS service?

NHS Direct at www.nhs.uk/nhsdirect

0845 46 47

Need a pharmacy open late and on Sundays?

Canterbury pharmacies open late and on Sundays include:

Asda, Sturry Road, Canterbury CT1 1DG

01227 378890

Boots, Unit 2, Ten Perch Road, Wincheap CT1 3TQ

01227 781369

Morrisons, Ten Perch Road, Wincheap CT1 3TQ

01227 766679

Sainsbury's, Kingsmead Road, Canterbury CT1 1BW

01227 463808

Park Pharmacy, 102 Kings Road, Herne Bay CT6 5RE

01227 374054

Sainsbury's, Reeves Way, Chestfield, CT5 3QS

01227 794545

Dental emergency?

In office hours, contact your own dentist or, if you do not have a dentist, call the dental helpdesk on freephone

0808 238 9797

In the evenings and at weekends, call [DentaLine](#)

01634 890300

Feeling low?

Mental Health Matters helpline offers confidential emotional support and guidance,

24 hours a day, 365 days a year

0800 107 0160

Need to see a doctor?

If you need to see a GP urgently, tell your practice and they will do their best to fit you in. If you're not registered with a practice, visit www.nhs.uk or phone NHS Direct to find a practice near you where you can register.

Need to see a doctor when your practice is closed?

Phone the [oncall doctor](#)

03000 24 24 24

6.30pm-8am Monday – Friday and 24 hours at weekends and bank holidays.

Minor injury that may need cleaning, stitching or dressing?

Your GP practice may have a practice nurse who can clean and dress wounds.

A minor injuries unit is open 8am-8pm, 7 days a week at [Estuary View Medical Centre, Boorman Way, Whitstable CT5 3SE \(closed bank holidays\)](#)

01227 284300

Minor injuries are also treated at the [Emergency Care Centre at Kent and Canterbury Hospital, Ethelbert Road, Canterbury CT1 3NG](#)

01227 864244

Serious or life threatening illness or injury?

Phone 999 or go to the emergency department at the [Emergency Care Centre at Kent and Canterbury Hospital, CT1 3NG](#)

If you're unsure then 'phone before you go'.

Call NHS Direct on **0845 46 47** anytime for advice on which service to use.

Please keep emergency services free for those who really need them.